


Sponsors:












Providers:




MS Social:
 September 20, 2023
 YWCA Gym
 11-12:15pm



MS WELLNESS
SEPTEMBER
2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2  Aqua Therapy 12:30-1:30pm	3	1	2
3	4	5	6  Aqua Therapy 12:30-1:30pm	7	8	9
10	11	12	13  Aqua Therapy 12:30-1:30pm	14	15	16
17	18	19	20 Social 11-12:15pm	21	22	23
24	25	26	27  Aqua Therapy 12:30-1:30pm	28	29	30
			30  Aqua Therapy 12:30-1:30pm			