

FAQ

SWIM LESSON QUESTIONS

What level should my child be in?

We have a swim level flow chart available on the swim lesson section of our website that can help you figure out what level to put your child in, if this is their first lesson. Going forward your child should receive a swim lesson level referral from their instructor.

How quickly should I expect my child to progress?

Each child will move at their own pace. Some children might take the same level swim class two or three times before mastering the skills needed to move on. The best way to set your child up for success in the proper class is to follow the flow chart or make sure you get a referral from your teacher.

When should my child be able to swim?

Each child will move at their own pace. The best practice is to attend all classes on time and regularly take lessons in order to keep building skills.

What if my child has to miss a lesson?

We understand that life happens! If you know your child is sick or will have to miss a lesson, please call the YWCA or email the swim lesson email: swimlessons@ywcamaine.org

Do classes ever get cancelled?

There are a few different reasons why a lesson could be cancelled.

Weather: If there is a lightning strike within a 10 mile radius, we are required to close the pool for 30 mins, which may effect lessons. This typically occurs in the spring or summer sessions. Occasionally YWCA programming will be cancelled due to unsafe weather, such as heavy snow or ice in the winter.

Pool Maintenance: Pools must adhere to certain chlorine and PH standards to remain open. We try our best to remain open but sometimes there's a mechanical issue and it takes time to rebalance chemicals.

Staffing: Like many places, we are sometimes short-staffed. When an instructor is sick or an emergency comes up and we do not have any substitutes, we try our best to let families know ahead of time or as soon as possible.

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What happens if a swim lesson is cancelled?

We try to let people know about cancellations as soon as possible.

****Please make sure your preferred email is correctly input on RecDesk****

Weather: We try to stay open as long as it's safe. Snow storms can be a bit more predictable than lightning, meaning we may have posted building closures online. If we know in advance your class will be cancelled there will be an email sent out. Unfortunately lightning strikes often happen without warning and are harder to predict; therefore, we may not be able to provide advanced notice of a cancellation in that circumstance.

Pool Maintenance: If pool maintenance will interfere with your swim lessons, you will receive an email in advance.

Staffing: We try our best to find coverage for lessons when instructors are unavailable. If an instructor will not be available for class, you will receive an email in advance.

Each session is scheduled with one make-up week, so one cancelled class each session can be rescheduled during your normal swim lesson time. If a second class had to be cancelled by the YWCA, you will be given a credit for the value of that class that can be used for any YWCA programming. No credits are provided if you choose to miss a class for any reason.

What do I need for the first day?

On the first day of lessons, your child just needs their bathing suit! Of course, a towel and change of clothes can be helpful for after the lesson. Towels are not provided by the YWCA. If your child chooses to bring goggles, they must be swim goggles with no nose covering.

What if I have another question?

If you have any other questions that haven't been answered, please call the front desk (795-4050) or email swimlessons@ywcamaine.org

YWCA IS ON A MISSION