



Central Maine

YWCA Swim Schedule

February 23 – April 18, 2020

All times are subject to change without notice

YWCA of Central Maine
130 East Ave
Lewiston, ME 04240
207-795-4050

www.ywcamaine.org

Facebook www.facebook.com/YWCAMaine

Prices are available at Customer Service or you can go to our website: www.ywcamaine.org	Adult Swim 4 lanes available for lap swim and 2 lanes for exercising ages 14 & up	Family Swim 3 lanes available for lap swim remainder of pool open for free swim	Lap Swim Minimum number of lanes listed for each swim. Lane swimmers must be able to swim continuous laps. For all ages.	Magic Y-World Enjoy our Gigantic Indoor water obstacle course. For ages 3 and up Fun for the Whole family!	Women's Swim For women of all ages. 3 lanes in for lap swim, remainder of pool open.
Monday	5:00-8:00am 11:30-1:00pm	2:00-4:00pm 7:00-8:00pm	8:00-10:30am-2 lane 4:00-5:00pm- 2 lane	NA	10:30-11:30am
Tuesday	5:00-8:00am 11:30-1:30pm	1:30-4:00pm 6:30-7:30pm	8:00-9:00am-2 lane 10:30-11:30-2 lane 4:00-5:00pm- 2 lane 2 lane lap 5-6pm starts March 24	NA	NA
Wednesday	5:00-8:00am 12:00-1:00pm	2:00-4:00pm 6:30-7:30pm	8:00-9:30am- 2 lane 4:00-5:00pm- 2 lane 2 lane lap 5-6pm starts March 25	NA	11:00-12:00pm
Thursday	5:00-8:00am 12:00-1:00pm	11:00-12:00pm 2:30-4:00pm 6:30-7:30pm	8:00-11:00am-2 lane 4:00-5:00pm- 2 lane 2 lane lap 5-6pm starts March 26	NA	NA
Friday	5:00-8:00am 12:00-1:00pm	11:00-12:00pm 2:30-4:00pm 6:00-7:00pm March 6 & 13 5:00-6:00pm Starts March 20	8:00-9:30am-2 lane 10:00-11:00-2 lane	NA	NA
Saturday	7:00-8:00am	NA	NA	NA	NA
Sunday	NA	4:30-5:30pm	NA	2:00-4:00pm	NA

Descriptions of Swims

Adult Lane Swim: 4 lanes available for lap swimming-must swim continuous laps. 2 lanes available for exercising.

Lap Swim: Participants need to be able to swim continuous laps.

Women's Swim: For women of all ages and female parents with male children age 3 and under. 3 lanes in for lap swim, remainder of pool open.

Family Swim: 3 lanes in for lap swim. Remainder of pool available for free play.

Magic Y-World: Come enjoy our wonderful pool transformed into a water park with inflatable floats for ages 3 and up. Half pool is available for free swimming. **No children under age 3 are permitted.**

The YWCA may change the swim schedule for any unforeseen reasons or close the pool at times for the safety of the swimmers. We apologize for any inconvenience this may cause. The YWCA Aquatic Department will offer special pool schedules on some school vacations and holidays.

Open Swim & Locker Room Age Requirements

Ages 7 & under: Parent must go into the water with child.

Ages under 18: Parent must stay in the building. Child may go into pool alone only if able to swim without flotation. Child must use companion locker room or gender appropriate locker room.

All Ages:

Any non-swimmers parents must go in the water with child.

Hours of Operation

Monday 4:50am –8:00pm

Tuesday 4:50am –7:30pm

Wednesday 4:50am –7:30pm

Thursday 4:50am –7:30pm

Friday 4:50am –7:00pm

Starting Friday March 20 closing at 6:00pm

Saturday 6:50am –2:00pm

Sunday 1:50pm –5:30pm

HAZARDOUS WEATHER POLICIES:

During inclement weather the YWCA of Central Maine will post late opening, early closings and closing statements on local TV channels 6, 8, 13 and Facebook (YWCA Central Maine).